

A woman with long brown hair is running on a concrete path, possibly a bridge, with blue railings. She is wearing a black quilted vest over a red long-sleeved shirt, black leggings, and blue and green running shoes. Her hair is blowing in the wind, and she has a smile. The background shows a blurred cityscape with buildings and a warm, golden light. Overlaid on the image are several colorful, semi-transparent geometric shapes in shades of yellow, green, blue, and red.

10 MILER

12 weeks

TRAINING PROGRAMS

For people who love to run

 **Running Room**  LTD.®

10 MILER

\$79.99 12 weeks



Program #		Store Location		Program Dates	
Please enclose entry fee of \$79.99 + applicable taxes (no refunds)					
First Name			Last Name		
Date of Birth / /		<input type="checkbox"/> Male <input type="checkbox"/> Female	Street Address		
City		Prov./State	Postal Code		Country
Telephone					
Email					
<p>NOTE: It is important that you provide an email address in order to get a login and password. This enables you to access online Program Curriculum. If you have an active profile or were registered in a previous program, please provide the email address at which you received program and Run Club updates.</p>					
<input type="checkbox"/> I consent to receiving emails and other electronic communications from the Running Room, including announcements, event information or promotional offers which we think would be of interest to you. (You can withdraw your consent at any time)				<input type="checkbox"/> I am repeating this program	
Shirt Size: <input type="checkbox"/> Extra Small <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra Large <input type="checkbox"/> Extra Extra Large					
Method of Payment: <input type="checkbox"/> AMEX <input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> Debit <input type="checkbox"/> Cash <input type="checkbox"/> Money Card					
<p>Waiver of Liability and Indemnity Agreement I know that participating in physical fitness events is a potentially hazardous activity. I agree not to participate unless I am medically able and properly prepared. I should not participate without my physician's approval. I acknowledge that I am solely responsible for my own medical well being. I undertake to have available my medication and medical information when and if I have a medical event requiring attention. "Event" shall include, but is not limited to, all activities, events or services in any way provided, organized, sponsored or authorized by the Event Organizers. On my own behalf, any minors or third parties for whom I am registering, I agree that (a) we will abide by any decision of an Event official concerning our ability to safely participate; (b) we will assume any and all risks associated with the Event; including but not limited to, falls, contact with other persons or objects, the effects of weather, traffic and course conditions; (c) we hereby consent to permit, and accept responsibility for emergency treatment in the event of injury or illness; (d) we understand if the Event cannot be held as scheduled, we may not be entitled to a refund of any money paid. As a condition of entering this Event, I for myself, any minors, or any third party for whom I am acting, waive and release Running Room Canada Inc., Running Room (U.S.A.) Inc., and any associated or related entities, their directors, officers, employees, agents, representatives, sponsors, volunteers, and organizers ("Event Organizers"), from present and future claims and all liabilities of any kind, known or unknown, arising out of our participation in this Event or related activities, even though such claim or liability may arise out of negligence or fault on the part of the Event Organizers. We agree that (a) the Event Organizers shall not be liable for any personal injury, death or property loss, and we release the Event Organizers and waive all claims with respect thereto, and (b) to hold harmless and indemnify the Event Organizers, from any and all liability from any property damage or personal injury to any third party resulting from my participation in the Event. We grant permission to Event Organizers to use or authorize others to use our personal information, including but not limited to, any photographs, images or documentation of our participation in this Event or related activities without remuneration being provided to us.</p> <p>I represent and warrant (a) I am over eighteen (18) years of age, and that if I am registering a minor, that I am the parent or guardian of such minor; (b) if I am registering third parties, I have been duly authorized to act on behalf of such parties; and (c) that the terms of this registration shall apply equally to me, any minor and to any third parties for whom I am acting. The participation in the Event by a third party shall be their confirmation that I was acting as their agent. (07-2010)</p>					
<p>I have read this Waiver of Liability and Indemnity Agreement. I understand and accept its terms.</p>					
Signature: _____				Date: _____	
(Parent/Guardian Signature if Entrant under 18)					
<p>PRIVACY POLICY Running Room Canada Inc. and Running Room (U.S.A.), Inc. ("Running Room") is committed to respecting the personal privacy of our customers. All personal information held or collected by Running Room is protected. If you have any questions about the protection of your personal information, please contact us at: mailprivacy@runningroom.com or by postal mail to Running Room, 9750 - 47 Avenue, Edmonton, Alberta, Canada, T6E 5P3. To view our privacy policy visit web site: www.runningroom.com.</p>					

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