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Contact: Amy Schneider
amy@storytellermn.com
952-829-9091

Grand Opening of Eagan Running Room Brings Olympic Gold Medalist
Frank Shorter will be in Eagan to celebrate the opening of the Running Room

Eagan, Minn. (April 3, 2012) — North America’s largest specialty running and walking retailer is expanding into its ninth Minnesota community. The grand opening of the Running Room, a store for runners and walkers, brings Olympic Gold Medalist, Frank Shorter, and Running Room founder/author, John Stanton, to Eagan.

When the store officially opens in Eagan on May 9, Stanton and Shorter, a 1972 Olympic Marathon Gold Medalist and member of the US Olympic, Distance and Track and Field Halls of Fame, will lead a “Feet For Change” community run/walk from the new store at 6:00 p.m.

The Feet For Change run/walk “to put the boot to hunger” is open to the public and will raise money for the Eagan & Lakeville Resource Centers, the largest food shelf program in Dakota County. The Resource Centers work to eliminate hunger in Dakota County through food support and innovative programs such as the Garden to Table program, which promotes improved access to fresh garden produce for families in need.

“We are delighted to be partnering with the Eagan Running Room for the Feet For Change run/walk,” said Lisa Horn, executive director of the Eagan and Lakeville Resource Centers. “As every dollar we raise can leverage about \$10 dollars of food for those in need in Dakota County, we are encouraging all of our friends and supporters to run and walk in this great community-wide event that the Running Room is putting together.”

John Stanton, founder of the Running Room and author of eight books on running and walking, will also be in Eagan for the event. Stanton was once an overweight, out-of-shape smoker before entering a fun run with his sons. The experience changed his life. He realized he had to alter his lifestyle to be a positive role model for his children. He went on to run more than 60 marathons, the World Ironman Triathlon and hundreds of fun runs.

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“It’s very exciting to be opening our ninth store in Minnesota,” says Stanton. “The people of Minnesota have embraced the Running Room and growing numbers share in our philosophy that you can change your life through fitness activities such as running and walking.”

Register for the Feet For Change one-mile or 5K run/walk at www.runningroom.com or by cash or check at any local Running Room. People can also sign up at the Eagan Running Room on the day of the event. Registration is \$10. One hundred percent of the entry fees will go to the Eagan and Lakeville Resource Centers. Every registered participant gets a free souvenir medal and is invited to join us for food and refreshments after.

Members of the community are encouraged to stop by the Eagan Running Room on May 9th to meet Shorter and Stanton, participate in the 5K run/walk and to show support for the Eagan and Lakeville Resource Centers.

The Eagan Running Room is located in the Eagan Promenade Shopping Center, 3344 Promenade Avenue, Suite 102.

For more information about the Eagan Running Room grand opening, visit www.runningroom.com or email eagan@runningroom.com. You can follow the Eagan Running Room on Facebook at facebook.com/runningroomeagan and on Twitter at [@EaganRR](https://twitter.com/EaganRR).

About the Running Room

The Running Room was founded in 1984 in one room of an old house shared with a hairdressing shop in Edmonton, Alberta Canada. Today, there are more than 110 Running Room locations across North America. The Eagan Running Room is the ninth location in Minnesota. Today, the Edmonton-based company is one of North America’s most recognized names in running and walking.

About the Eagan and Lakeville Resource Centers

The Eagan & Lakeville Resource Centers are food shelves serving Dakota County. The organization provides food support, community resource referral and community gardens for those in need. The Garden To Table program in Dakota County is sponsored by the Eagan & Lakeville Resource Centers. This program promotes improved access to fresh garden produce for families who are in need of food support.

Event supported by:

