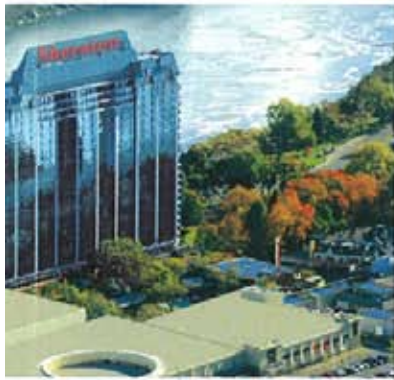




Niagara Falls, Ontario



Canadian Medical Association
**Installation and Awards
Ceremony**

143rd Annual Meeting
22–25 August 2010



ASSOCIATION
MÉDICALE
CANADIENNE



CANADIAN
MEDICAL
ASSOCIATION



CMA Award for Excellence in Health Promotion 2010

The award is intended to highlight specific efforts by an individual or organization outside of the health sector to promote the health and wellness of Canadians.

Nominees must have:

- demonstrated an interest in health promotion through specific actions and(or) initiatives;
- exemplified creativity and initiative in taking action to improve and promote health; and
- worked to bring about changes with the potential for positive, long-term improvement in the health of Canadians.

The awards shall be presented to:

- a) an individual who is not a health professional, or whose primary employment is not in an organization within the health sector, who is a resident in Canada,
- or
- b) an organization that operates outside of the health sector (e.g., a corporate entity in the Canadian business sector, a level of government, labour organization, agency in the voluntary sector),

that has contributed to the improvement of health through health promotion actions, policy initiatives or increased public awareness.



John Stanton

More than half a million Canadians have benefited from Running Room president and founder John Stanton's commitment to health, wellness and fitness, as well as his sense of community and social responsibility. In addition to the Running Room's running and walking clinics and free practice sessions, the store supports and promotes more than 500 charity runs that raise thousands of dollars for health-related organizations.

In recognition of his outstanding contribution to promoting physical fitness and active lifestyles, and for his support of many charitable groups, Mr. Stanton was recently appointed to the Order of Canada. This appointment is one in a long list of recognitions that he has received, including the 2009 CIBC Spirit of Leadership Award for commitment to the Canadian Breast Cancer Foundation CIBC Run for the Cure; the 2009

Harold N. Segall Award of Merit in recognition of a significant contribution to the prevention of cardiovascular disease and promotion of cardiovascular health in Canadians; the 2005 Alberta Centennial Medal in recognition of outstanding service to the people and the province of Alberta; and the 2004 Maclean's Magazine Canada Day Honour Roll as one of 10 Canadians who have made a difference to the country.

Mr. Stanton is the author of several publications, including *Running Start to Finish* and *Walking: A Complete Guide to Walking for Fitness, Health and Weight Loss*, which demonstrate his belief in the importance of living a healthy, active lifestyle.

As well, he is the vice-president of Commonwealth Games Canada and an Honorary Lieutenant-Colonel of the Loyal Edmonton Regiment 4th Battalion of Princess Patricia's Canadian Light Infantry.